

# Adult Menu April 14-18, 2025

Meal Patterns	Monday Date: 14	Tuesday Date: 15	Wednesday Date: 16	Thursday Date: 17	Good Friday Date: 18
<b><u>Lunch</u></b> <ul style="list-style-type: none"> <li>• Meat/Meat alternate</li> <li>• Vegetable</li> <li>• Fruit</li> <li>• Grains</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Turkey Chili served with shredded cheese and sour cream</li> <li>• Green Beans</li> <li>• Pineapple Tidbits</li> <li>• WGR Corn Muffin</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Corn Dog (cn) (1 corndog)</li> <li>• Potato Wedges</li> <li>• Baked Beans</li> <li>• Fruit Cocktail</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Salisbury Steak (1 Steak)</li> <li>• Mashed Potatoes</li> <li>• Winter Blend Veggie</li> <li>• Sliced Pears</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Pulled Beef Sandwich</li> <li>• WGR Bun</li> <li>• Tater Tots</li> <li>• Peaches</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Fish Fry</li> <li>• Potato Pancakes</li> <li>• Coleslaw</li> <li>• Rye Bread</li> <li>• Applesauce</li> <li>• Milk</li> </ul>
<b><u>Snack</u></b> <i>Select two of the following:</i> <ul style="list-style-type: none"> <li>• Meat/Meat alternate</li> <li>• Vegetable</li> <li>• Fruit</li> <li>• Grains</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Dannon Lit &amp; Fit Yogurt</li> <li>• Blueberries</li> </ul>	<ul style="list-style-type: none"> <li>• String Cheese</li> <li>• Graham Crackers</li> </ul>	<ul style="list-style-type: none"> <li>• Sliced Cantaloupe</li> <li>• Grape Juice</li> </ul>	<ul style="list-style-type: none"> <li>• Rice Cakes</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Chocolate Muffin</li> <li>• Milk</li> </ul>

\*Record the specific names of cereals, fruits, and vegetables served

\*Note whole grain items with WG or WW and whole grain-rich items with WGR

\*Adults receive 1% or Skim milk