

Adult Menu 2025

April 14th-18th

Meal Patterns	Monday Date: April 14th	Tuesday Date: April 15th	Wednesday Date: April 16th	Thursday Date: April 17th	Friday Date: April 18th
<u>Lunch</u> <ul style="list-style-type: none"> • Meat/Meat alternate • Vegetable • Fruit • Grains • Milk 	<ul style="list-style-type: none"> • Beef Swedish Meatball • Egg Noodles • Green Beans • Diced Watermelon • Sister's Roll • Milk 	<ul style="list-style-type: none"> • Baked Chicken • Garden Vegetable Wild Rice • Fresh Corn • Fresh Orange Wedges • Sister's Rolls • Milk 	<ul style="list-style-type: none"> • All Beef Hot Dog on a Bun • Sweet Potato Fries • Baked Beans • Fresh Grapes • Milk 	<ul style="list-style-type: none"> • Sweet Sour Orange Chicken • Brown Rice • Broccoli • Cantaloupe • Milk 	<ul style="list-style-type: none"> • WGR Chicken Tenders (2 Tenders) • Sister's Rolls • California Blend • Apple Slices • Milk
<u>Snack</u> <i>Select two of the following:</i> <ul style="list-style-type: none"> • Meat/Meat alternate • Vegetable • Fruit • Grains • Milk 	<ul style="list-style-type: none"> • Dannon Yogurt • Fresh Strawberries 	<ul style="list-style-type: none"> • String Cheese • Graham Crackers 	<ul style="list-style-type: none"> • Goldfish Crackers • Apple Juice 	<ul style="list-style-type: none"> • Sliced Honey Dew Melon • Milk 	<ul style="list-style-type: none"> • Vanilla Wafers • Milk

*Record the specific names of cereals, fruits, and vegetables served

*Note whole grain items with WG or WW and whole grain-rich items with WGR

*Adults receive 1% or Skim milk