

Adult Menu 2025

May 5th-9th

Meal Patterns	Monday Date:	Tuesday Date:	Wednesday Date:	Thursday Date:	Friday Date:
<u>Lunch</u> <ul style="list-style-type: none"> • Meat/Meat alternate • Vegetable • Fruit • Grains • Milk 	<ul style="list-style-type: none"> • Cheeseburgers • Lettuce, Sliced Tomatoes & Onions • WGR Bun • Tater Tots • Applesauce • Skim Milk 	<ul style="list-style-type: none"> • TACO Tuesday • Seasoning Chicken • WGR Tortilla's • Yellow Rice • Black Beans & Corn • Fresh Oranges • Skim Milk 	<ul style="list-style-type: none"> • Beef Stroganoff • Sister's Rolls • Egg Noodles • Green Peas • Fresh Oranges • Skim Milk 	<ul style="list-style-type: none"> • Sliced Turkey • Garlic Mashed Potatoes • California Normandy Blend • Sister's Rolls • Sliced Honeydew • Skim Milk 	<ul style="list-style-type: none"> • Stuffed Chicken Kiev • Garden Vegetable Wild Rice • Broccoli • Red Grapes • Skim Milk
<u>Snack</u> <i>Select two of the following:</i> <ul style="list-style-type: none"> • Meat/Meat alternate • Vegetable • Fruit • Grains • Milk 	<ul style="list-style-type: none"> • Fresh Strawberries • Assorted Fruited Yogurt 	<ul style="list-style-type: none"> • Cheddar Cheese Cubes & Ritz Crackers • 100 % Fruit Punch Juice 	<ul style="list-style-type: none"> • WGR Pretzels • Skim Milk 	<ul style="list-style-type: none"> • Sliced Watermelon • Skim Milk 	<ul style="list-style-type: none"> • WGR Vanilla Bear Crackers • Skim Milk

*Record the specific names of cereals, fruits, and vegetables served *Note whole grain items with WG or WW and whole grain-rich items with WGR