

# Adult Menu Week of April 28-May 2, 2025

Meal Patterns	Monday Date: 28	Tuesday Date: 29	Wednesday Date: 30	Thursday Date: 1	Friday Date: 2
<b><u>Lunch</u></b> <ul style="list-style-type: none"> <li>• Meat/Meat alternate</li> <li>• Vegetable</li> <li>• Fruit</li> <li>• Grains</li> <li>• Milk 1</li> <li>• 1% Skim</li> </ul>	<ul style="list-style-type: none"> <li>• Sloppy Joes</li> <li>• WGR Bun</li> <li>• Veggie Baked Beans</li> <li>• Creamy Cole Slaw</li> <li>• Fruit Cocktail</li> <li>• Milk Skim</li> </ul>	Breakfast Bake-hash brown potatoes, turkey sausage, peppers and cheese <ul style="list-style-type: none"> <li>• WGR Toast</li> <li>• APPLE SLICES</li> <li>• Milk Skim</li> </ul>	<ul style="list-style-type: none"> <li>• Cheese Ravioli</li> <li>• Green Peas</li> <li>• Garden Salad</li> <li>• Pineapple Tidbits</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Beef Philly Cheese Steak</li> <li>• Bermuda Blend</li> <li>• WGR Sub-Roll</li> <li>• Apricots</li> <li>• Milk Skim</li> </ul>	<ul style="list-style-type: none"> <li>• Seasoned meat</li> <li>• Baked Potato</li> <li>• California Blend Veggies</li> <li>• Diced Pears</li> <li>• Milk</li> </ul>
<b><u>Snack</u></b> <i>Select two of the following:</i> <ul style="list-style-type: none"> <li>• Meat/Meat alternate</li> <li>• Vegetable</li> <li>• Fruit</li> <li>• Grains</li> <li>• Milk 1% Skim</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Bran Muffin</li> <li>• Milk Skim</li> </ul>	<ul style="list-style-type: none"> <li>• Pudding Cup</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Bug Bite Crackers</li> <li>• Milk Skim</li> </ul>	<ul style="list-style-type: none"> <li>• Sliced Watermelon</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Vanilla Bears</li> <li>• Milk Skim</li> </ul>