# St. Ann Center's SEOISONDS OF LIFE

People of all ages and abilities spend the day at St. Ann Center because of your support. You made these stories of our joyful intergenerational community possible.

Soaking up the sunshine–all summer long!



**Growing power!** (More photos, Pg. 8) Upcoming Events

Inside...

**Plus,** Bucyrus Campus Respite Reopens! (Pg. 3)

# Dear Friend,

Visitors often say they are surprised by all that goes on here. **Funny thing, but as long as I've been doing this, I still find beautiful surprises, every day.** It may be an adult client's fantastic singing voice in karaoke. It may be a child giggling when an adult client tells them a (very old!) knock-knock joke.

**One lovely surprise this summer:** Eye-catching caterpillars munching on dill plants in our gardens! Eventually, after each molted into a chrysalis, they emerged as gorgeous black swallowtail butterflies.

**Other recent surprises:** a 3-year-old boy making friends with a bug...a little girl presenting me with a fistful of dandelions...a small bird perching on a staffer's hand, grateful to have been helped back outdoors.

Both campuses now have new relaxation rooms, a peaceful spot for our hard-working staff to take a break, meditate or just breathe, as part of our new focus on wellness. (I *won't* be surprised if they prove to be popular!)



Although there are surprises here daily, one thing I know I can count on every day is the steadfast support of donors like you! This summer, I'm wishing for delightful surprises to come your way, as they do mine.



Here's a quick, easy way to support us, and it costs only a few minutes of your time: Rate us and write a review on the online platform of your choice.

Consumers everywhere rely on reviews posted on Google, Facebook, Yelp! and more to learn of other users' experiences. Please share yours when an employee goes above and beyond, when you or a loved one enjoy our pool or bathing service, or when you find any of our services exceptional. Truly, it makes a difference!



Bucyrus Campus Reopens Overnight Respite Care

The Bucyrus Campus in July celebrated the grand re-opening of its overnight respite care unit, a boon to caregivers of frail elders, people with dementia, and adults of all ages with cognitive or physical disabilities.

The unit is an expansion of service that has been ongoing at the Stein Campus since 2007, which provides

caregivers reliable support when they are planning to travel or need to tend to their own health needs. The Bucyrus unit had opened originally in late 2019, just weeks before the pandemic forced its closure, but demand for the service has been high, said Wendy Hengsbach, who directs the Stein Campus unit.

The Bucyrus unit will be overseen by **Sr. Immaculate Matini**, a registered nurse who has been working in the Stein unit for the past year.

Clients stay in one of nine-bed-and-breakfast-style rooms, decorated with a homelike feel, for up to 21 days. The unit also includes gathering spaces for TV and activities, a dining room for freshly cooked meals, and whirlpool baths with assistance. The hallways showcase original artworks created by Milwaukee High School of the Arts students.

**Overnight respite care, with no minimum stay, is available to members of the community** as well as to St. Ann Center's adult day program clients; community members can opt to take part in the day program activities.

Want to learn more? Visit StAnnCenter.org/respite. To set up a personal tour, call (414) 210-2423, or email tbarnes@stanncenter.org.

# Meet our New Massage Therapist!

We're excited to announce we will soon be reopening Massage Therapy services at the Stein Campus, with Erika Erickson, Licensed Massage Therapist. A long-standing St. Ann Center service popular with community members, staff and adult clients, the massage therapy program had been closed since March 2020.

You'll be able to schedule massages for 20, 30, 60 or 90 minutes, with corresponding pricing of \$23, \$35, \$70, and \$105 (employees receive a discount). Ask about free upgrades (like hot stones, cupping, and aromatherapy) as well as pregnancy massage. Pre-paid packages and gift certificates are available.

Erika graduated from Blue Sky Massage Therapy School, and has more than 2.5 years of professional experience with RPM Bodywork and Radiant Healing before coming to St. Ann Center. A Carroll College graduate, she is also a U.S. Air Force and Army Reserve veteran.

**Erika will be accepting appointments Monday through Thursday from 9 AM to 5 PM.** The actual date of the reopening will be announced on St. Ann Center's Facebook Page and website.





Summer Carnival at the Stein Campus

Sweet sounds at Indaba Nights

Intergenerational music (above) and our human rainbow (below)

Juneteenth celebration at the Bucyrus

Summer Camp field trips to the beach (above) and The Betty Brinn Museum (below)

Concert in the pool with Robin Pluer!

PAGE 4 | Summer Issue #60 | Quarterly Newsletter | July - September 2023

Photo Gallery



Summer Issue #60 | Quarterly Newsletter | July - September 2023 | PAGE 5



# Outstanding Staffers

The quarterly Maggie Cary Recognize a Winner Award, judged by its namesake and longtime volunteer, recognizes an outstanding staffer from each campus. They receive \$100, an ice cream social and entry in a year-end drawing for another cash prize.



Kim Krawczak Stein Campus

"Kim K," lead teacher for the 2-year-old Monarch class, has been part of the Stein Campus childcare staff since 2017. She is described as an "overall wonderful person" who is always ready to jump in and assist where needed.

Known for her kindness as well as her sense of humor, she shows great respect for all of the children and their parent while keeping her classroom running smoothly and caringly.



Benita Peavy Bucyrus Campus

- "Ms. Benita" is an original in many ways and she's an original member of the Bucyrus Campus childcare staff. She's worked with school-aged children in the mornings and during summer camp, and assists with the 3-year-olds in the Zebra and Elephant classes.
- Compassionate, nurturing and caring, she is also able to lovingly rein in children
- when they get a little rambunctious. She truly
- cares about the children and celebrates their
  achievements. In turn, they laws and respect her
- achievements. In turn, they love and respect her. Ms. Benita is a shining example of the Franciscan values, offering kindness and loving, respectful relationships with her students.

# Replication Summit set for Oct. 19th & 20th

This fall, St. Ann Center will offer a two-day Replication Summit to help organizations and individuals who want to capture the magic of intergenerational care for their communities.

Similar to a summit St. Ann Center organized in 2017, the summit will take attendees through the basics of getting started, from funding to design to programming. It will include tours of both campuses, resource materials and plenty of time for questions and answers from Sr. Edna and her team of experts.

**The summit takes place Oct. 19 and 20 (a Thursday and Friday)**, and costs \$250 to attend. If you'd like to start an intergenerational center, or know someone who would, here's the website to register:

### stanncenter.org/repsummit



Indaba Nights Wednesdays, through Sept. 6th 6:30pm | Bucyrus Campus

#### For Indaba Band Shell performance updates, see **FB.com/IndabaBandShell.**

### YOU'RE INVITED!

#### 21st Annual STU's Flooring Benefit Golf Outing Saturday, Sept. 9th 2023

Western Lakes Golf Course W287 N1963 Oakton Rd., Pewaukee WI

#### All proceeds benefit St. Ann Center.





#### \$150 includes:

- 18 holes of golf with cart
- Lunch & dinner
- Raffles & prizes

#### **To Register**:

Visit StAnnCenter.org/Golf or call **(414) 369-9024** 



OR scan here with your phone

### St. Ann Center's Fall 2023 Chili & Jewelry Sale Sat. Nov. 18th 9am-1pm

St. Ann Center Stein Campus

| 2801 E. Morgan Ave. Milwaukee, WI

### **FREE** admission!

- New & vintage jewelry
- Vendor marketplace
- Delicious chili
- Live music

# New Life For Unwanted Jewelry

Cleaning out a jewelry box? Bring outdated necklaces, broken bracelets, ill-fitting rings, single earrings or pins with a missing rhinestone to St. Ann Center!

Our intrepid volunteers will put it to good use, whether it's fine jewelry or costume jewelry. They will sort, clean, repair or imaginatively reinvent it – then sell it at one of our legendary vintage jewelry sales. All proceeds help fund vital health and wellness services for our clients of all ages and abilities – your donations are so appreciated.



You can **drop pieces off** at the front desk of either of our Milwaukee campuses, at 2801 E. Morgan Ave. or 2450 W. North Ave., anytime between **8am and 4pm. Monday through Friday.** Got a particularly large stash? Call Christopher Macek at **(414) 977-5040** for pickup.

# SUPPORT GROUP FOR THE VISUALLY IMPAIRED

Mondays 10:00-11:00am St. Ann Center Stein Campus Chapel

This small group is for anyone living with visual impairment of any kind. The meetings cover topics from inspirational stories to practical tips and hints to help you retain as much independence as possible in your everyday life. Connect with others who understand. There's even a little time for games!

The group facilitator is Felix Wilcox, and no pre-registration is required. If you or someone you know would like more information, please contact Rodican Rose Bonn, **(414) 977-5075 or rrose@stanncenter.org.** 

A new support group for people with visual impairment is meeting **every Monday** from **10-11am** in the Chapel at the Stein Campus, **2801 E. Morgan Ave.** 



**BUCYRUS CAMPUS** 

2450 W. North Ave. Milwaukee, WI 53205 (414) 210-2450

To update your mailing preferences: (414) 977-5064 | mktg@stanncenter.org