# St. Ann Center's SEOISONDS OF

People of all ages and abilities spend the day together at St. Ann Center because of your support. You made these stories of our joyful intergenerational community possible.

## Born to Wheelie

Think people with disabilities don't have much fun? Meet Narkeez Carlton. The 22-year-old's nickname says it all: "Trouble on Wheels!"

Adopted from Russia at age 5, Narkeez was born with cerebral palsy, "which, thanks to me winning the jackpot, left me unable to walk, speak or hear very well," he explained.

A year ago, Narkeez's case worker introduced him to St. Ann Center's adult day care program. "This place is a godsend to me," he said. "They have cool activities like swimming, crafts and music. I've made incredible connections."

One of them is with music therapist Hannah Goodness. Narkeez played several instruments before his hand function worsened. "My way to cope with the world's stress is playing music–and to lose that was devastating," he said. "The first time Hannah met me, she gave me an adaptive T-shaped drum mallet to try, and I jammed out a solo!"

> A master communicator, Narkeez can converse in Russian, English and American Sign Language. He also uses

a Dynavox computer with a synthesized voice that "talks" as he types messages on his touch screen.

It comes in handy when he's telling friends at the Stein Campus about his pastimes. Narkeez does audio engineering for local bands and has tried everything from rock climbing to trampolining.

"I live life to the fullest," he said, sharing his philosophy, "If life gives you a wheelchair...do a wheelie!"



Narkeez's many friends include the furry kind.

You give Narkeez and clients like him the freedom to try new things.

Dear Friend.

I grew up in a predominantly Irish Catholic neighborhood in Massachusetts. My childhood idea of cultural celebration was pretty much limited to St. Patrick's Day. While I still love all things Irish, what I experience at our two St. Ann Center campuses brings the beauty of cultural diversity to life.

Our intergenerational parks have hosted performances

by Native American jingle dancers, African drummers, Celtic musicians...even a Greek belly dancer. We've also been introduced to one of the best ways to get to know a culture-food! Rosemarie Alloway, one of our lead CNAs, regularly treats staff and clients to her homemade fry bread, and our Director of Food Service Sahdayna



Wilson's recipe for West African Jollof Rice is legendary.

The art around our buildings also frames the richness of diverse cultures. On the first floor of the Bucyrus Campus, you'll find 14 original oil paintings created by artists from the Republic of the Congo-depicting landscapes of the expansive West African Savanna to village scenes alive with activities. Upstairs is the work of talented teens from the Milwaukee High School of the Arts, who created pieces showcasing the theme "African-Americans in Our Community."

At St. Ann Center, diversity is celebrated on a daily basis. Besides finding four generations under one roof, you'll meet people of all ages and abilities, representing various races and ethnicities-all proud of who they are and eager to learn about everyone around them.

I love to watch our childcare children surrounded by this gorgeous prism of humanity. Even the youngest amaze me with their small acts of kindness and compassionand hearten me about our future.

Elm

### **ON OUR WISH LIST**

St. Ann Center's activity closet needs restocking-with items for some very important people.

"Clients in Shepherd House-our dementia care unit-benefit from activities that stimulate their senses." said Toni Alvarez. Director of Adult Services at the Stein Campus. "And clients who are vision or hearing impaired get so much information from the power of touch."

Topping Toni's wish list are sensory activity pads that engage clients in lacing, buckling, zipping and buttoning while improving their fine motor skills. There are touch-and-feel mazes and fidget cubes that soothe people dealing with dementia, autism and anxiety.

"With warm weather coming, I'd love to have more outdoor activities to offer all our clients," Toni added. Flowerpot kits, ergonomic gardening tools, a butterfly habitat and other fresh-air activities would help clients reconnect with nature and the enviroment.

COVID-19 has eliminated many popular multi-player games that clients enjoy, making the need for new activities more important than ever. "The right activities can make all the difference," Toni confirmed. "They help exercise the brain, encourage socializing and simply bring moments of joy."

NOW

You can create these DONAT joyful moments for St. Ann Center clients. Send a check. or donate online, indicating "Activities" in the memo, at StAnnCenter.org/Donate.

### Buddies Connect with Tech

For Niya Iniguez, 2020 was a bummer. She spent months in a virtual classroom away from friends, and missed playing in a volleyball tournament. But a bright spot for this lively teen was participating in St. Ann Center's Buddy Program.

A service learning opportunity for youth ages 11 to 15, Buddies connect with older adults and people with disabilities at both St. Ann Center campuses. Typically, they spend in-person time together. But due to COVID-19, Niya and other youth in the program are "virtual" Buddies.

"Knowing how tech-savvy teens are, we asked them to create videos for our adult clients to view," said the program's coordinator Rodican Rose Bonn. Niya didn't have any trouble coming up with ideas. "I love music, so on my first video, I sang and played my ukulele," she said.

Niya's bedroom doubles as her video studio. She films using her laptop. "I try to imagine people watching and enjoying," she said. "The audience is important to me."

## All Ages Step Up

The coronavirus is no match for the creativity around St. Ann Center. And the Danceworks Generations program at the Bucyrus Campus is artistic proof of it.

The program brings together children and older adults at the center into unique partnerships. Working with Danceworks teaching artists Jessica Fastabend and Mauriah Kraker, the two groups exchange Dance-o-Grams, short dances that build upon one another. They also swap original art and writing.



Being on camera comes naturally to Niya. She's a seasoned performer with First Stage Children's Theater. But something else motived the eighth-grader at Deer Creek Intermediate School to be a Buddy.

"My sister has special needs, and she has peers and adults who support hor" she said

support her," she said. "I thought it'd be great if I could bring that kind of happiness to somebody else."



Clients find Niya's knack with a <u>ukulele very entertaining</u>.



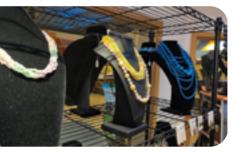
Due to COVID-19 restrictions, the artists work with each group separately. "This is a time when everyone needs physical movement, connection and the space to dream again," Mauriah said.

To start the creative process, Jessica and Mauriah pose questions like, "What super power would you choose?" and "What does it mean to grow up?" The kids and adults respond by designing postcards they exchange pen pal style. They also share dance movements they choreograph through videos and photos.

## A Gem of a Shop

Looking to put some sparkle into your life for a worthy cause? Pay a visit to the St. Ann Center Vintage/Costume Jewelry Boutique, off the lobby of the Bucyrus Campus, 2450 W. North Ave.

The brand-new boutique is open Monday through Friday, 8 a.m. to 3 p.m. All its proceeds support the children and adults served at St. Ann Center.



This treasure chest of a store

displays an assortment of longloved jewelry that's regularly



donated to St. Ann Center by individuals, local churches and schools. Volunteers sort through it and clean, repair, card and price each eyecatching piece.

For years, this jewelry has been sold at community sales held at Milwaukee's City Hall and County Courthouse, as well as at the

popular Chili and Jewelry Sale held at the Stein Campus biannually. "Due to the coronavirus, we've had to temporarily cancel all of these sales," said Chris Macek, St. Ann Center's Director of Retail. "We opened the boutique to give people who like vintage jewelry a place to shop."

The selection includes necklaces, pins, earrings, bracelets, watches and rings in a wide range of styles, and even some collectable pieces. Inventory is regularly updated.

Shoppers are asked to stop at the Bucyrus Campus front desk for directions to the boutique. Donations of costume and vintage jewelry are always welcome. Just call Chris Macek for details at (414) 977-5040.

### His Heart's on His Cleats

St. Ann Center was among the causes showcased in the NFL's My Cause My Cleats campaign this past December. This initiative gives players a chance to display their passions beyond the game by supporting a cause of their choice through their footwear.

Max Scharping, offensive guard for the Houston Texans, used his cleats to call attention to St. Ann Center and brain aneurysm awareness. Max is the nephew of Susan Gock, a beloved Stein Campus client who passed away last year.

Susan was one of the area's leading toxicologists when she experienced a brain



aneurysm 10 years ago. She came to St. Ann Center to work on her recovery. "Aunt Sue always kept fighting and had a positive attitude, no matter the circumstances," Max said. "She was one of my biggest fans, and this is my way of honoring her."

Max donated the fire-engine red game-worn cleats to St. Ann Center. Several donations were made in Sue's memory as a result of the campaign.







### In 2020, you saved smiles of all ages...

For Pat and Bob Bade, finding dental care for their two adult sons was a nightmare. Both men are on the autism spectrum and nonverbal. Because of your generous support, Craig, 44, and Kevin, 41, now have a dental home at St. Ann Center's Gardetto Family Community Dental Clinic.

"Dentist after dentist told us they couldn't treat them because they can't sit still and sometimes won't open

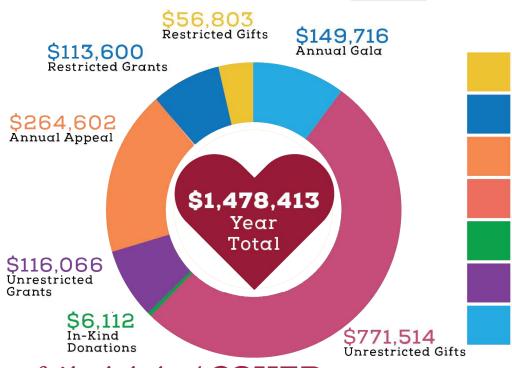
their mouths," Pat said. It had been years since their sons had seen a dentist when the Bades heard about St. Ann Center's clinic—the only one in Wisconsin designed exclusively to treat people with physical and cognitive disabilities.

Craig and Kevin are now getting regular cleanings, X-rays and other procedures as needed. The large operatories offer space for their parents to stay with them throughout their checkup. What the Bades appreciate most about this unique special needs clinic is its compassionate staff.

"Your dentists are so kind and calming, they put our sons at ease," Pat said. "And the hygienist talks to them as she cleans their teeth, reassuring and encouraging them every step of the way. They can tell when someone believes in them."

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### BECAUSE OF your generous SUPPORT...



Restricted Gifts Restricted Grants Annual Appeal Unresticted Grants In-Kind Donations Unrestricted Gifts Annual Gala

### Which helped COVER

Start-up costs for a new infant care room at the Stein Campus

Expenses of keeping both St. Ann Center campuses safe–ensuring the well-being of children and adult clients during the pandemic

Purchase of laptops to allow for connections between children and adults during a year of social distancing

Daily activities, including art, music, swimming, entertainment and client support groups



### Supporting **GRANTS**

In addition to individual donations, St. Ann Center's Fiscal Year 2020 was supported by the following foundations and organizations:

Archie & Viola Meinerz Family Foundation Bader Philanthropies, Inc. Bame Foundation Catherine and Walter Lindsay Foundation Charles D. Ortgiesen Foundation David P. and Marjorie L. Hamacher Fund Delta Dental of Wisconsin Foundation, Inc. Emory T. Clark Family Charitable Foundation F. Thomas Ament Fund Francie Luke Silverman Foundation Greater Milwaukee Association of REALTORS Youth Foundation Greendale Woman's Club Helen Bechthold Kristin M. Bergstrom

## SERVICES YOU helped PROVIDE ..

#### CHILDCARE

#### ADULT DAY SERVICES



**159** Total children enrolled in day care



88% of people who attend our adult day services cannot afford to pay out of pocket for the care that they need.

### **Our Mission**

St. Ann Center provides intergenerational, community-based health and educational services for children, adults, frail elders and people with disabilities, and serves as a resource for their caregivers.

> Four Franciscan values are emphasized by our staff, volunteers, clients and benefactors, recognizing the human dignity of each person:

Creating a Caring Community

### Showing Compassion



Reverencing All Creation Making Peace



Lynde & Harry Bradley Foundation Marjorie L. Christiansen Foundation Nicholas Family Foundation Trust Northwestern Mutual Foundation Peck Foundation, Milwaukee LTD Ralph Evinrude Foundation Rotary Club of Milwaukee, Inc. Sensient Technologies Foundation, Inc. The Catholic Community Foundation The Townsend Foundation Usinger Foundation, Inc. We Energies Foundation William & Freida Hunt Memorial Trust Wisconsin Dental Association Foundation, Inc.



## 2020 HIGHLIGHTS



The inaugural **Indaba African Ball** is held at the Bucyrus Campus in February to raise funds for the Indaba Band Shell.



Free Refreshment Fridays at the Bucyrus Campus invite community members to enjoy a beverage and a walk on our landscaped pathways.



St. Ann Center temporarily closes its two campuses for 12 weeks as a precautionary measure prompted by coronavirus, COVID-19.



St. Ann Center offers supervised remote learning for students attending elementary school classes virtually due to COVID-19.



An air filtration system is installed at both campuses to help keep clients, children and staff healthy.



The Bucyrus Campus hosts a drive-through election event sponsored by the NAACP as part of a nonpartisan Early Voting Day effort.



Danceworks artists in residence teach children and adult clients various exercises and dance styles-from classical Indian to hip-hop.



St. Ann Center partners with BizStarts to host a Community Bootcamp for Entrepreneurs, providing a path out of poverty.

Recap all the great memories from 2020 by visiting our blog: **StAnnCenter.org/blog** 



For Artaynia "Arty" Westfall, starting her own small business was a piece of cake--literally. Still, a whole lot of hard work, talent and dedication is baked into her recipe for Arty's Sweet Talk Cupcakes.

The shop Arty opened off the lobby of St. Ann Center's Bucyrus Campus is the latest venture in this professional chef's 38-year career. "I met Sr. Edna when I catered a special event at the campus," Arty said. "She asked me to think about bringing my cupcakes here." The rest is delicious history.

Not your typical treats, Arty's cupcakes include both sweet tooth pleasers and more healthy options. "I was looking for my own niche," Arty explained. "I noticed there weren't many vegan, gluten and sugar-free cupcakes available." She's developed several guilt-free recipes to satisfy people on special diets.

Arty uses both the kitchen in the Bucyrus Campus Overnight Respite and an off-site commercial kitchen to create her delicacies. "I usually bake in small batches to make sure everything is fresh," she said. "But with my daughter, Jade, and my niece, Kendra, helping me, we can handle large orders, too." Recently, they turned out 500 hand-decorated masterpiece cupcakes for a community holiday celebration.

Front and center in Arty's shop is a display case filled with feasts for the eyes and taste buds. "We like to switch up the flavors to suit the seasons," she explained.

Summer cupcakes featuring fresh lemon and berry flavors give way to apple and carrot cake come autumn. "The carrot cake recipe is one my grandmother handed down to me," she added.

Setting up shop in an intergenerational center seems meant to be, Arty confirmed. "I learned to bake from my grandma, my niece and daughter learned from me, and one day, my niece will teach her baby to make cupcakes. Being at St. Ann Center has shown me the impact the generations have on one other. It's a beautiful thing."

Arty's Sweet Talk Cupcakes is open Monday-Friday, 11 a.m.-4 p.m. Place orders by phone or online: 414-520-4056 or artyssweettalkcupcakes.com.

#### **Activities with Impact**



#### Friday, August 13, 5:30 p.m.

Enjoy an evening of great fun at the 2021 Dream Together Gala, and make a difference in the lives of children, frail elders and adults with disabilities who spend their day together at St. Ann Center.

#### You're invited as a special guest to our very first HYBRID Gala!

Our in-person Gala will take place in an exciting new venue this year–Fiserv Forum Beer Garden, in the heart of downtown Milwaukee's entertainment district. Join us for:

- Silent & live auctions and raffles
- Sr. Edna's Jewelry Creation
- A delicious dinner
- Heartwarming stories of how you change the lives of people of all ages

To keep everyone safe, we're limiting our number of guests. So get your seat or table early! \$150/Ticket | Sponsor opportunities available! Or, attend virtually. Participate in the auction online and view the program from the comfiest seat in your house beginning at 7 p.m.

#### Call Chris Fabbri at (414) 977-5062 to RSVP, or visit: StAnnCenter.org/gala



## African Ball Ensures Entertaining Summer

St. Ann Center's 2nd Annual Indaba African Ball may have been virtual, but your generous support was exciting and real. Close to 100 people tuned in to watch the online event on Feb. 6, raising \$8,685 for the Indaba Band Shell, located at the Bucyrus Campus.

Funds raised at the Ball will help pay entertainers performing in the Band Shell's free concert series, Indaba Nights, beginning in June. We're planning with everyone's well-being in mind to make sure our guests feel safe and comfortable as they kick back and enjoy the music, dance, drama and more!

Special thanks go to the Ball's Platinum Sponsors: Advocate Aurora, All of Us Research Program, Parklawn Assembly of God Church, St. John's on the Lake Senior Living Community and Grandma Book's World.

#### Free Refreshment Fridays Walk Our

Grounds! Get some exercise on the landscaped pathways at St. Ann Center's Bucyrus Campus (enter on N. 26th St. and W. North Ave.) Stop at the "Tiki Hut" gazebo just west of the building and pick up a drink. Guests must wear masks and observe social distancing. The grounds are open for walkers every Friday in May and September 10 a.m. to noon.



A whimsical Teapot House is part of the Intergenerational Play Garden Don Patzke's building at the Bucyrus Campus.

Coming Attraction!

What is this interesting structure on the east side of St. Ann Center's Bucyrus Campus? It's the beginning of an amazing Intergenerational Play Garden. Set to open in late spring, this year-round playscape will create a world of wonder and imagination where the generations can connect and have a great time while they're at it.

Carpenter Don Patzke spent the winter months building play-and-learn stations that will be installed around a beautifully landscaped walkway. (Under construction, above, is the Teapot House.)



#### Join Us for Indaba Nights!

Bring the whole family to a free entertainment series for all ages held at the Indaba Band Shell, located at St. Ann Center's Bucyrus Campus, 2450 W. North Ave. Indaba Nights take place on Wednesdays, 6:30-8:30 p.m., June 2 through August 25. (Masks and social distancing will be observed to keep you safe.) For updates on summer events, visit FB.com/indababandshell.

#### **Performers Wanted!**

#### Do you know an entertainer in need of a stage?

The Indaba Band Shell is looking for talented performers and groups for our summer concert series, Indaba Nights.

Acts must be family-friendly and appropriate for all ages. We're looking for musicians, singers, dancers, poets, comedians, magicians and more.

Performers are invited to submit a video of their talent (three to five minutes long). Post it on your **Facebook page and make it "public" or on your Instagram account, and send a link to Gloria Miller at gmiller@stanncenter.org.** 

Contact Gloria with additional questions at (414) 210-2428.



### **Stu's Benefit Golf Outing**

Saturday, September 11 at Western Lakes Golf Club \$125 includes cart, 18 holes, lunch & dinner Call Cindy to register (414) 744-9400 StAnnCenter.org/golf All proceeds benefit St. Ann Center's children and adult clients.

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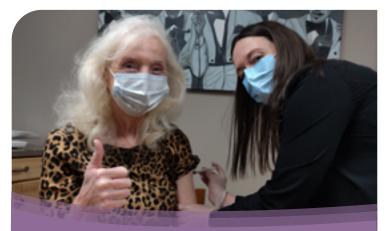
### A Shot at Defeating COVID

#### St. Ann Center has been selected as a distribution site for the COVID-19 vaccine. After months of preparation, the Bucyrus Campus Medical Clinic received the vaccine in mid-February.

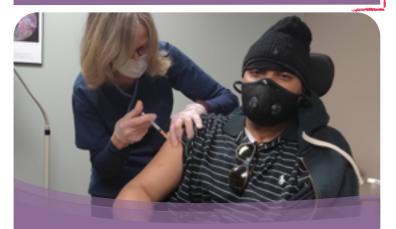
"The community inside and outside our building tends to have underlying health issues," said Nicole Berg-Johnson, Family Nurse Practitioner at the medical clinic. "After we vaccinate staff, clients and clinic patients, we can branch out to their family members. We're also looking forward to offering the vaccine to the community."

Sr. Edna Lonergan, St. Ann Center President, added, "I'm proud we're distributing the vaccine to our precious clients and to our neighbors who need a place where they feel comfortable." Residents of the 53206 ZIP code have experienced some of the highest rates of COVID-19 and its severe outcomes.

**COVID-19 VACCINATIONS ARE FREE.** 



Sr. Edna Lonergan, St. Ann Center President gets her vaccine from Nurse Practioner Nicole Berg-Johnson,



St. Ann Center client Lawrence "Boo" Bibbs gets a vaccine from Nurse Practitioner Kathy Schumacher.

Wanted: Bingo Prizes

Our clients love Tuesday's all-campus Bingo. We'd welcome donations of new puzzles, small stuffed animals, ceramics, socks, Kleenex, card games and other fun or practical items. Prizes can be dropped off at the Stein Campus, 2801 E. Morgan Ave.







To update your mailing preferences: (414) 977-5064 | sselz@stanncenter.org