

Children's Menu Week of
October 19-23, 2020

Monday Oct 19	Tuesday Oct 20	Wednesday Oct 21	Thursday Oct 22	Friday Oct 23
Am Snack Graham Crackers Water	Fresh Orange Water	Fruit Cup Water	Fresh Apple Water	Cheese Stick Water
Breakfast WGR Waffles Diced Strawberries Milk	WGR Cheerios Pineapple Tidbits Milk	Oatmeal Peaches Milk	Bagels Cream Cheese Mandarin Oranges Milk	Cheese Omelet WGR Wheat Toast Apple Slices Milk
Lunch WGR Chicken Quesadilla Spanish Rice Refried Beans Mandarin Orange Milk	Turkey Sub Provolone Cheese WGR Sub Roll Fresh Banana Veggie Medley Milk	Spaghetti & Meat Balls WW Penne Pasta WGR Bread Stick 4 Way Blend Veggie Applesauce Milk	Chicken Breast Roasted Garlic Mashed Potatoes Winter Blend Veggies WGR Biscuit Mixed Fruit Milk	Seasoned Beef Baked Potato California Blend Sliced Pears WGR Roll Milk
PM Snack Cheddar Cheese Grapes Milk	WGR Animal Crackers Berry Juice	Sliced Cantaloupe Milk	WGR Goldfish Pretzels Grape Juice	WGR Blueberry Muffin Milk

Children age 1 receive whole milk
Children ages 2 and up receive 1% (or) skim milk.
Week 5