# St. Ann Center's SEOISOMS OF LIFE

People of all ages and abilities spend the day at St. Ann Center because of your support. You made these stories of our joyful intergenerational community possible.

## Decorating Memory Lane

### Because of you, our generous donors, 60 adults are enjoying the new Dementia Care Wing at our Bucyrus Campus. You are changing lives in amazing ways!

In a sunny corner of the Dementia Care Wing, four areas called "life skills stations," are set up with props to look like places people might have spent time during their younger days. The environment encourages them to reminisce about life experiences from their past and stay engaged mentally and physically.

The stations – an **old-fashioned kitchen**, **sewing nook, workbench and nursery** – are the creation of **St. Ann Center supporters Leigh Peterson and Patt Krejci.** "I spent days on the Internet, searching websites, eBay and Craigslist for antiques," said Patt, an interior designer. "We were looking for things from our parents' era. Leigh and I love a challenge."

Using Leigh's truck as a moving van, the friends scoured antique stores, estate sales and resale shops for everything from vintage metal kitchen furniture to a century-old wooden baby crib. The stations were funded by the Peterson Family Foundation. "Putting the stations together was so much fun," Leigh said. "But the best part was watching how people interact with them."

One day when the women were working on the stations, the staff brought a few clients to the area. "A lady named Jane picked up a baby doll in the nursery and cradled it," Patt remembered. "I asked her if she'd like to take it for a ride in the buggy, and she did. You could tell she was connecting to special memories." Both Leigh and Patt considered the project a labor of love. Leigh's aunt had dementia and was a client at St. Ann Center's Stein Campus, and Patt's mother died from complications of Alzheimer's disease.

When the life skills stations were finished, Leigh and Patt were just beginning. They went on to decorate all nine bedrooms in the Bucyrus Campus' new overnight respite. **"It's a wonderful feeling to be able to help in this way," Patt said. "This facility and what's happening here takes my breath away."** 

Dear Friend

"Pace e bene!" That's the phrase St. Francis and St. Clare of Assisi often used as their favorite greeting. Translated from Italian, it means "Peace and all good!" For me, it's the phrase I immediately think of when it comes to our donors. You make sure every child and adult at St. Ann Center experiences "pace e bene" on a daily basis.

I often wish I could take all our donors with me as I go through my day at our Stein and Bucyrus Campuses-just so you could see the fruit of your generosity for yourselves. For right now, at least, let me list some of the ways you are making an important difference.

#### Because of you...

· Older adults are able to spend their day in a beautiful, caring place and return to their own homes, families and communities at day's end

· Children are introduced to people who are different from them at an early age-helping them to embrace diversity, not fear it

· The generations spend time together-talking, creating art and playing games

· People who might otherwise spend their day alone watching TV are making new friends and enjoying new experiences

· A woman with cerebral palsy gets a weekly massage that decreases her pain and improves her mobility

• A boy who has never seen a farm has the opportunity to help plant a garden and groom a horse

· A grandmother who doesn't remember her own children's names smiles brightly as she shakes hands with a toddler

·Youngsters who were terrified to go near the water are learning how to swim-

A caregiver who hasn't had a vacation in years takes a weekend off knowing her loved one is in good hands

A young adult who has never seen a dentist because of his severe disability is now having his teeth checked and cleaned regularly

We are creating a whole new model of community-based care the nation and the world can replicate-a place where children grow up and adults grow older in the best way possibletogether.

**ON OUR WISH LIST** 











Bird feeder Watercolor paper Cribbage board

Wood craft projects

Our wish list is updated online: stanncenter.org/wishlist

Childcare wish list is on amazon.com stanncenter.org/amazon





A Page-Turning Project

When St. Ann Center's childcare kids headed home recently, they had some very special reading material stashed away in their backpacks.



The book benefactors-students from Hamilton High School in Sussex-are members of the Global Education Club. "Our mission is to improve the lives of children around the world," said Janine Farrell, their teacher and club coordinator. In the past, students made a trip to Central America to work with children in Costa Rica. This year, they focused their efforts closer to home.

The teens' book drive netted over 1,200 volumes, which they delivered to both the Stein and Bucyrus Campuses. The students, many of whom plan to go into elementary education, took time to read stories to the children and then helped them each pick out a book to keep. Junior Chloe



High school students read from books they donated to Stein and Bucyrus campuses

Miller said, "It was exciting to be able to pass on our favorite books to the kids and have them experience the same joy we did when we first read them."

The donation, which included some adult titles, too, inspired the Bucyrus Campus to hold an Intergenerational Book Fair. A happy ending to a wonderful story!

### Sisters Have Faith in Fun

How is your work-life balance? Our own Sisters of St. Francis of Assisi seem to have that balance down pat. Every four years, they hold their Chapter of Elections when they choose an administrative team and their congregation's direction. Delegates from across the country convened for this important meeting in Milwaukee this spring, electing Sr. Diana De Bruin, Sr. Ellen Carr and Sr. Kathryn Dean Strandell.

Since decision-making can be intense, Sr. Edna came up with the idea for Spa-Mation. "I thought it would be nice to make time to relax, laugh,



have fun and enjoy one another," she said.

Sisters and Associates got together in the Stein Campus atrium for an evening of entertainment. They enjoyed consultation on hairstyles, color analysis, manicures, chair massages and hors d'oeuvres, plus live music, a photo booth and games.

## School's Out... Volunteering's In

Think all teachers take it easy during the summer? Think again.

Lecrystal Griffin, a parent coordinator for Milwaukee Public Schools, is currently on summer vacation. But she still wakes up early Monday through Friday to spend her day volunteering at St. Ann Center's Bucyrus Campus.

"This is my summer oasis," said Lecrystal, a self-admitted people person. Now completing her fourth summer as a volunteer, she helps in the baby nursery, adult day care unit, kitchen, café, art studio and at the reception desk. "I've gone on fieldtrips to Summerfest and taken clients bowling," she added. "I'm all over the place."

A resident of Milwaukee's north side for 22 years, Lecrystal watched the Bucyrus Campus as it was being built a few blocks from her home. "I was very excited to learn it would

bring new jobs to the neighborhood," she said. Her son-in-law worked on the center's electrical system as part of One Hope Made Strong, a vocational instruction program.

"When I heard the center would be intergenerational, I wanted to be a part of it,too," said Lecrystal, who has been a caregiver for both her mother and grandma. "I love children and working with the elderly. The adults are so engaged when the little

ones are around. And the children get a new perception of what being older means. **They** learn you can have fun at any age."

## Meet Our Nurse Practitioner

Audra Hale has joined the staff of the Bucyrus Campus Medical Clinic as its nurse practitioner. She is working with Dr. Paul Nausieda, the clinic's Medical Director.

### What do you enjoy most about being a nurse practitioner?

I like being able to help people–especially when it comes to preventative care. I enjoy helping them find things they can do on their own to prevent serious health issues. And if they do have a medical concern, I like assisting them in getting it under control.

### What is one thing you would like your patients to know about you?

They're in good hands. I'm here for them and



whatever problems they may have. If I don't know the answer, I'll do research and follow up with them as soon as possible.

#### You grew up in Milwaukee. How do you feel about providing care in the Bucyrus Campus community?

Too many people in this area don't have access to good health care. They have to travel long distances in order to get to their physicians. That's why it's so important that our clinic is here, in the heart of an underserved community.

### What excites you about your new workplace?

I really like the intergenerational component of St. Ann Center. I love that babies and young children are interacting with adults. It's so beneficial to both. I have grandchildren who are 13 and 15 who might want to volunteer in the center's Buddy Program.

## Behind the Smiles

Growing up, Brian Hodgson loved people and working with his hands. He figured he'd become a carpenter like his father. An eighth grade aptitude test and a guidance counselor gave him another idea-becoming a dentist.

Last month, Brian Hodgson, DDS, joined the staff as a parttime dentist at the Gardetto Family Community Dental Clinic at St. Ann Center's Bucyrus Campus. A graduate of the Marquette University School of Dentistry, he is now an associate professor there and has experience caring for people with special health needs.

**"We could all be one accident away from having to use a wheelchair or not being able to care for ourselves**," he said. That awareness sparked his interest in St. Ann Center's unique dental clinic, which serves children and adults with moderate to severe disabilities that prevent them



## A Song in His Heart

The opening act at the Indaba Band Shell is a tad short on experience...and height. But 8-year-old Damarrion Calvin is making a big impression around the Bucyrus Campus.

Known by his friends as D.J., the animated second-grader is enrolled in St. Ann Center's after-school and summer camp programs. He was tapped to sing at the band shell's grand opening this spring. "I like singing," he said. "It makes me feel bright inside." from being treated in a standard clinic. "Too often this population is shoved into the background," he added. "In my opinion, these are the people who should be first on our list for care."

A specialist in Pediatric Dentistry, Dr. Hodgson has also been an instructor and care provider at Children's Hospital of Wisconsin, seeing many youngsters with special needs. "I can't tell you the number of times parents have asked me, 'Will you still see my child when they become an adult?'" he said. These serious concerns

helped motivate him to become part of St. Ann Center's dental clinic-the only one in the state specifically designed for and exclusively seeing patients with physical or cognitive disabilities.

Dr. Hodgson is impressed with the state-of-theart design of the clinic and the fact it's located adjacent to the Bucyrus Campus Medical Clinic. "That's especially important since we're working with people who have multiple medical conditions," he said. "It allows us to care for patients holistically and work to improve their lives together."

Lead teacher Benita Peavy was quick to recognize D.J.'s talent. "He's always singing and dancing with a big smile on his face," she said. When visitors to the afterschool room, including Sr. Edna, heard him, they were struck by his enthusiasm. Over the past few months, he's been working with Benita and Denny Brooks, a voice coach, to prepare for his singing debut.

D.J.'s grandmother Tamarra Carr is thrilled to see how he's grown since coming to St. Ann Center. "You have a compassionate, knowledgeable staff that works well with all kinds of children," she said. "D.J. has been given so many different opportunities to learn. And I love the diversity of the intergenerational model."

> Because of you, D.J. has a place to discover his talents!

## A Man of Honor

#### Bill Baumgardt wears his patriotism on his wheelchair, which he's decked out in red, white and blue.

Recently returned from the 50th Stars and Stripes Honor Flight, Bill shared highlights from the trip with his fellow clients on the Stein Campus Veranda. "I was 21 when I enlisted in

the Marines," Bill said, recalling his two years in Vietnam in 1967-68. "I wanted to be part of the best."

Bill was assigned to Fox Company, known as one of the finest fighting units in the Vietnam War. Its history is detailed in the book "Battlelines," which dedicates several pages to Bill's



You give people like Bill a chance to share their inspiring stories!

experience. "Corporal Bill Baumgardt had been a 140-pound state wrestling champion in junior college," the book reports. "He was quite savvy and highly trusted." It goes on to recount a patrol Bill led along the Song Khe Gio tributary, where his squad was met with enemy fire. Seeing one of his men, Private First Class Romero, had been wounded, Bill rushed to help him. "Applying wrestling techniques, he quickly grabbed Romero's upper right arm, ducked his head under the wounded man's chest and flung him on his back in a fireman's carry," the book reports.

#### Bill returned from Vietnam with a wounded leg, a Bronze Star, a Purple Heart and indelible memories.

"I ended up in a wheelchair for a while," said the father of three and grandfather of two. "Now I have Multiple Sclerosis, and I'm in a wheelchair again." That didn't stop him from journeying with other

veterans to visit and reflect at the Lincoln Memorial, Arlington National Cemetery and the Vietnam Veterans Memorial Wall.

Besides being a St. Ann Center client, Bill is also a **longtime donor**. "I'm happy to be able to contribute to places like St. Ann Center that are doing good in the community," he said.



### Protect Yourself & Help St. Ann Center

Alejandro put on his bike helmet and went for his daily ride. He didn't get far before he was struck by a car. Alejandro's medical bills weren't fully covered by the

motorist's insurance. Matters were worse for the motorist, because being under-insured put his home, savings and income at risk.

Accidents happen, but depending on how well your insurance policy is designed, you can avoid disaster. St. Ann Center has partnered with The Starr Group to educate you on better protecting yourself at home and on the road. The Starr Group offers a discount program tailored to each client's needs. "It's impossible to know until we dive into the current policy," says Marco Briceno, MBA, CPRIA, "but nine times out of 10, we're able to provide better coverage or lower the rates." And the other one? "When a person has the best policy for them, I advise them to stay with their carrier."

Alejandro is Marco's father. Marco saw firsthand the financial problems caused by improper coverage.

For every St. Ann Center supporter who becomes a new client of The Starr Group, the agency will donate \$75 over the course of two years to the center.

#### Find out if you're properly covered. **Call Marco at The Starr Group today-414-321-4800**tell him you're a friend of St. Ann Center and

tell him you're a friend of St. Ann Center and support your favorite intergenerational center!



## Don't Miss this Bus

#### St. Ann Center's Bucyrus Campus will host a special visit of the All of Us Journey Bus Tour from 1 to 4 p.m. on Sunday, Aug. 11.

The bus is a mobile research center traveling the country to help people learn about the All of Us Research Program. This program hopes to gather data from a million people or more. The findings will help develop medicines and treatments tailored to the individual patient, known as precision medicine.

The free public event will feature performances by local church choirs at the Indaba Band Shell, food, a health resource fair and tours through the All of Us Bus. The bus is equipped with fun, educational and interactive videos and displays for all ages that explain the research program. People attending the event will also have an opportunity to enroll as research participants.

Wisconsin joined the national program in 2017 and launched in Milwaukee in 2018. Our state is in its second year of this 10-year research program. The aim is to be as inclusive as possible in collecting information–making sure a diversity of adults from various age groups, races, genetic ancestries, environments and walks of life are represented in the research.

For more information about the bus visit and other activities, contact:

#### All of Us MKE at 414-219-3810.

## Upcoming Events

### MEET US @ THE MARKET Sister Edna's Creations

**Saturdays through Oct. 12 | 9 a.m.- 12:30 p.m** Cathedral Square Market, 825 N. Jefferson St.

### ALL OF US JOURNEY BUS TOUR

#### Sunday, Aug. 11 | 1-4 p.m.

Free | St. Ann Center Bucyrus Campus Learn about one of our nation's largest health research projects.| Joinallofus.org Call (414) 219-3810 for details.



#### PLEASE JOIN US AT THE DREAM TOGETHER GALA

**Friday, August 16 | 5:30 p.m.** Discovery World Museum

\$120 | Sponsor opportunities available. Enjoy dinner, silent and live auctions, plus stories from Sr. Edna and others on how you change the lives of people of all ages and abilities.

Call (414) 977-5062 to RSVP or visit: StAnnCenter.org/gala

### Stu's Golf Outing

#### Saturday, Sept. 14 | Check-in: 11:30 a.m.

To golf in the charity outing, contact Casey Rozanski at: (414) 977-5062 or crozanski@ stanncenter.org.

Details at: stanncenter.org/golfouting

### DOORS OPEN MILWAUKEE: BUCYRUS CAMPUS



**Saturday, Sept. 28 | 10 a.m. – 5 p.m.** The Bucyrus Campus is part of behind-thescenes tours of more than 150 buildings.

For more, visit: doorsopenmilwaukee.org





2801 E. Morgan Ave. Milwaukee, WI 53207 (414) 977-5000

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Non-Profit

See who's new in our clinics

Inside...

Plus. stories of young helpers and senior heroes.

#### **STEIN CAMPUS**

2801 E. Morgan Ave. Milwaukee, WI 53207 (414) 977-5000

**BUCYRUS CAMPUS** 

2450 W. North Ave. Milwaukee, WI 5<u>3205</u> (414) 210-2450

### CALENDAR UPDATES

(Both camp	uses closed July 4 + Sept. 2)
July 2	First Fridays 4Business (Bucyrus)
July 3 & 17	Caregiver Support Group (Stein)
July 5	Alzheimer's Support Group (Bucyrus)
July 12	Parkinson's Support Group (Bucyrus)
July 16	Parkinson's Support Group (Stein)
Aug. 2	First Fridays 4Business (Bucyrus)
Aug. 2	Alzheimer's Support Group (Bucyrus)
Aug. 7 & 21	Caregiver Support Group (Stein)
Aug. 9	Parkinson's Support Group (Bucyrus)
Aug. 16	Dream Together Gala
<b>Aug. 16</b> Aug. 20	<b>Dream Together Gala</b> Parkinson's Support Group (Stein)
	Parkinson's Support Group (Stein)
Aug. 20	Parkinson's Support Group (Stein)
Aug. 20 Sept. 4 & 15	Parkinson's Support Group (Stein) Caregiver Support Group (Stein)
Aug. 20 Sept. 4 & 15 Sept. 6	Parkinson's Support Group (Stein) Caregiver Support Group (Stein) First Fridays 4Business (Bucyrus)
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Aug. 20 Sept. 4 & 15 Sept. 6 Sept. 6 Sept. 13	Parkinson's Support Group (Stein)Caregiver Support Group (Stein)First Fridays 4Business (Bucyrus)Alzheimer's Support Group (Bucyrus)Parkinson's Support Group (Bucyrus)
Aug. 20 Sept. 4 & 15 Sept. 6 Sept. 6 Sept. 13 <b>Sept. 14</b>	Parkinson's Support Group (Stein)Caregiver Support Group (Stein)First Fridays 4Business (Bucyrus)Alzheimer's Support Group (Bucyrus)Parkinson's Support Group (Bucyrus)Stu's Flooring Benefit Golf Outing



Members of the Christ Child Society recognized at a special dedication ceremony at the Bucyrus Campus' Gardetto Family

Community Dental Clinic. The society funded

a \$100,000 endowment for the specialized clinic which cares for children and adults with severe disabilities that make



it difficult for them to receive desperately needed dental care.

In gratitude for their donation, an operatory (a room where dentists care for patients) was dedicated in honor of the Christ Child Society and their commitment to serving the children of Southeastern Wisconsin.