St. Ann Center's SEOISONDS OF LIFE

People of all ages and abilities spend the day at St. Ann Center because of your support. These are the stories of our joyful intergenerational community.

Sister Act

Going to work is a family affair for Diane Beckley.

As chief operating officer at St. Ann Center's Bucyrus Campus, she oversees daily programming for over 300 children and adults, including her own sister, Menrose Johnson.

A lively 96, Menrose is one of the senior-most clients in the Simba adult day care unit. "I've been coming here since this place was built," Menrose said about her Monday-Wednesday-Friday routine for the past two years. With a ready smile and tack-sharp mind, she's quick to tell everyone within earshot that her little sister "is doing a very good job."

Used to being busy, Menrose ran the historic Metropolitan Hall bar and restaurant with her husband, Aaron, for many years. An expert cook, she also contributed signature dishes to the menu of On the Bayou, restaurant owned by their son, Greg, with whom she now lives. "When Menrose first started coming to St. Ann Center, I knew we'd have to get her busy cooking right away," Diane said.



Menrose shows the delicate beadwork on one of the lamp shades she made.



Menrose & Diane (l-r)

As a result, "Cooking with Menrose" has become a popular intergenerational activity. Adults and children circle around the kitchen island in the Ubuntu Room as she takes them step by step through her recipes. She's demonstrated how to make spaghetti, banana pudding and her most in-demand dessert. "They all love my peach cobbler," Menrose said.

This talented woman is also apt to become a fixture in the new Multi-Fiber Arts Room once it's completed. The space will offer instruction in knitting, crocheting, weaving, tatting and sewing. "I learned to make silk lampshades when I was a girl," Menrose said, explaining the intricate stitches that go into their construction. She'd like to be able to pass along the time-honored technique to the next generation.

In fact, children are among the reasons Menrose likes coming to St. Ann Center so much. "I enjoy watching them play–they're busy as little bees," she said. As for her secret to staying young, the spritely ninety-something said,

"A person shouldn't just sit alone in the house watching TV. You have to get out and be with people."

Dear Friend

The other day, I stopped by the Stein Campus Bumblebee Room to see what the 4-year-olds were doing. I walked in to a chorus of cheers. Their teacher explained the reason for the happy hubbub. "It's mail day," she said, "and the kids are super excited."

A few months ago, the children from our Stein and Bucyrus Campuses began writing back and forth. With the help of their teachers, the Bumblebees and Fireflies have been getting to know the Giraffes and the Zebras through letters.

The kids take turns telling about themselves in words and hand-drawn pictures-from what they're learning in day care to their favorite sports and toys. The letters are deposited in a homemade mailbox that travels the eight miles between our two campuses on a weekly basis. Soon, the children will have a chance to meet face-to-face and spend the day together. We're planning a pen pal field trip to Discovery World. It's going to be a diverse group, with kids from different cultures, neighborhoods and backgrounds. I suspect they'll be friends in no time.



I get excited when I watch St. Ann Center's children and see how they navigate through their day. They're surrounded by people of all ages, races and abilities. But instead of being afraid of these differences, they embrace them. They think about their pen pal friends in the same way. To them, being different is amazing.

Maybe we adults should think about giving penpalling a try.

Edna

Ensuring Grins

Children across Wisconsin will be smiling brighter than ever thanks to a \$100,000 endowment given by the Christ Child Society-Milwaukee Chapter to St. Ann Center's Gardetto Family Community Dental Clinic.

This unique clinic is the only one in the state built exclusively for people with disabilities, many of whom are living with the pain of untreated dental disease.

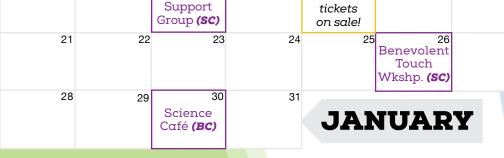
"We wanted to give the endowment to one nonprofit so the money would make a real difference," said Jean Phelan who sat on the endowment's selection committee. The Society's



mission focuses on serving children in need. The three-chair dental clinic, opened in 2016, now serves 250 clients. More than one-third are children. The clinic receives five to ten referrals per day from doctors, dentists, public clinics and Children's Hospital of Wisconsin.

"We saw how your clinic has the equipment and the staff trained to work with children with disabilities," Jean said. "And we want to make sure you keep your doors open."

2018 Calendar Stein Campus: (SC) Bucyrus Campus: (BC) 6 2 3 First Friday **Closed** for Community New Year's Business Holiday Group (BC) 7 8 12 13 9 10 11 14 15 17 18 19 20 16 Parkinson's Cash Raffle



SCIENCE CAFÉ

The latest medical research is on the menu! This speaker series with the Medical College of Wisconsin's Clinical & Translational Science Institute covers new research on a variety of health topics.

Last Tuesday of the month 5:30-6:30p.m. Bucyrus Campus 2450 W. North Ave.

AQUATIC CENTER Parent-Infant & Level 1-3 Session 1: Jan. 8 – Feb. 16 Session 2: Feb. 26 - April 6 Session 3: April 16 - May 25 Session 4: June 4 – July 20 Session 5: July 30 - Sept. 7 Session 6: Sept. 17 - Oct. 26 Session 7: Nov. 5 - Dec. 14 WEEKDAY OPEN SWIM Mon.-Fri.: 7:30-8:45a.m., 11a.m.-Noon & 3-4 p.m. *Cost: \$5/person/open swim* WARM WATER AEROBICS Mon., Wed. & Fri.: 1-1:45p.m. Cost: \$6 per class LOW-IMPACT AEROBICS

Tue:: 7-7:45p.m., Thur: 2-2:45p.m. *Cost: \$5 per class*

	FE	BRUA	RY	1	2 First Friday Community Business Group (BC)	3
4	5	6	7 Caregiver Support Group (SC)	8	9	10
11	12	13	14	15	16	17
18	19	20 Parkinson's Support Group (SC)	21	22	23 Family Fun Night @Pool (SC)	24
25	26	27 Science Café (BC)	28			

27

		MAF	СН	1	2 First Friday Community Business Group (BC)	3
4	5	6	7 Caregiver Support Group (SC)	8	9	10 Jewelry & Chili Sale (SC)
11	12	13	14	15	16	17
18	19	20 Parkinson's Support Group (SC)	21	22	23	24
25	26 Childcare Closed (BC) →	27 Science Café (BC)	28	-	30 BT National Instructor Course (SC)	31

FIRST FRIDAY COMMUNITY BUSINESS GROUP

This is a monthly meeting for north-side residents interested in improving the business networking opportunities and strengthening the area's social fabric.

First Friday of the month, 7:30-9a.m.

Bucyrus Campus 2450 W. North Ave.

\$250,000 Charity Cash Raffled	1	2	3	4 Caregiver Support Group (SC)	5	First Friday Community Business Group (BC)	7
Charity Cash Raffle!	8	9	10	11	12	Family Fun Night @Pool (SC)	14
Raffle #1: Sat., Apr. 28, 2 p.m. <i>Tickets on sale</i> : Thurs., Jan 18	15	16	17 Parkinson's Support	18	19	20	21
Raffle #2: Sat., Oct. 27, 2 p.m. <i>Tickets on sale</i> : Thurs., Jul 19			Group (SC)				
	22	23	24	25	26	27	28 Cash Raffle
GRAND PRIZE: \$200,000 Tickets: \$50 or 3/\$100			Science Café (BC)				Drawing (SC)
Purchase at St. Ann Center or learn more online: stanncenter org/raffle	29	30	APR	RIL			

stanncenter.org/raffle



MONTHLY SUPPORT GROUPS

Caregiver Support First Wednesday | 1:30-3 p.m. Stein Campus Chapel 2801 E. Morgan Ave.

Contact: (414) 977-5075

mkruse@stanncenter.org

Parkinson's Group

Third Tuesday | 1:30-3:30 p.m. Stein Campus Board Room 2801 E. Morgan Ave. Contact: (414) 977-5056

Business 1

Group (BC)

2

SUMMER CAMP

A perfect combination of fun, friendship and learning in a nurturing environment. Ages 5-12

Camp begins June 11 For information, contact:

Stein Campus: (414) 977-5041

Bucyrus Campus: (414) 210-2468

				JNE	FFN@Pool (SC)	
3	4	5	6 Caregiver Support Group (SC)	7	8	9
10	11 Summer Camp (SC & BC)	12	13	14	15	16
17	18	19 Parkinson's Support Group (SC)	20	21	22	23
24	25	26 Science Café (BC)	27	28	29	30

TITTE

1	2 No Swim Classes (SC) →	3	4 Closed for 4th of July	5	6 First Friday Community Business Group (BC)	7
8	9	10	11	12	13	14
15	16	17 Parkinson's Support Group (SC)	18	19 Charity Cash Raffle on sale!	-	21
22	23	24	25	26	27 Family Fun Night @Pool (SC)	Stu's Golf Outing
29	30	31 Science Café (BC)	JUL	Y		

STU'S 16TH ANNUAL CHARITY GOLF OUTING

A hole-in-one event for a good cause!

Saturday, July 28 Tee time: 12 (noon)

Western Lakes Golf Course W287 N1963 Oakton Rd. Pewaukee

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stanncenter.org/golfouting
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				1	2	3	4
	A	UGU	IST	Caregiver Support Group (SC)	L	First Friday Community Business Group (BC)	-
Dream Together	5	6	7	8	9	Dream ¹⁰ Together Gala	11
GALĂ	12	13	14	15	16	17	18
8-10-18 Discovery World Museum, 6 p.m.	19		21 Parkinson's Support Group (SC)	Buddy ²² Program Awards (BC)	23	24	25
Dinner, Silent & Live Auctions RSVP: stanncenter.org/gala	26	27	28 Science Café (BC)	29	30	31	
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Intergenerational Awareness Month

Visit **stanncenter.org** to learn more about why intergenerational programs improve our community for all generations!

SEPTEMBER

2	3 Closed for Labor Day	4	5 Caregiver Support Group (SC)	6	7 First Friday Community Business Group (BC)	8
9	10	11	12	13	14 Family Fun Night @Pool (SC)	15
16	17	18 Parkinson's Support Group (SC)	19	20	21	22
23	24	25 Science Café (BC)	26	27	28	29

BENEVOLENT TOUCH A positive, nurturing touch ensuring the recipient they		1	2	3 Caregiver Support Group (SC)	4	5 First Friday Community Business Group (BC)	6
are safe and loved. It's invaluable in working with older adults and people with disabilities.	7	8	9	10	11 Benevolent Touch (BT) Wkshp. (SC)	12 BT National Instructor Course (SC)	13
Workshops Fri., Jan. 26, 9a.m.–1p.m. Thurs., Mar. 29, 9a.m.–1p.m.	14	15	16 Parkinson's Support Group (SC)	17	18	19	20
Thurs., Oct. 11, 9a.m.–1p.m. Instructor Certification Fri., Mar. 30, 8:30a.m.–5p.m. Fri., Oct. 12,8:30a.m.–5p.m.	21	22	23	24	25	26	27 Cash Raffle Drawing (SC)
Call: (414) 977-5056	28	29	30 Science Café (BC)	31	ОСТ	OBEF	2

	NO	VEMI	BER	1	Business 2 Group (BC) FFN@Pool (SC)	3	
4	5	6	7 Caregiver Support Group (SC)	8	9	10	
11	12	13	14	15	16	Chili & ¹⁷ Jewelry Sale (SC)	
18	19	20 Parkinson's Support Group (SC)	21	22 Closed Thanksg		24	
25	26	27 Science Café (BC)	28	29	30		

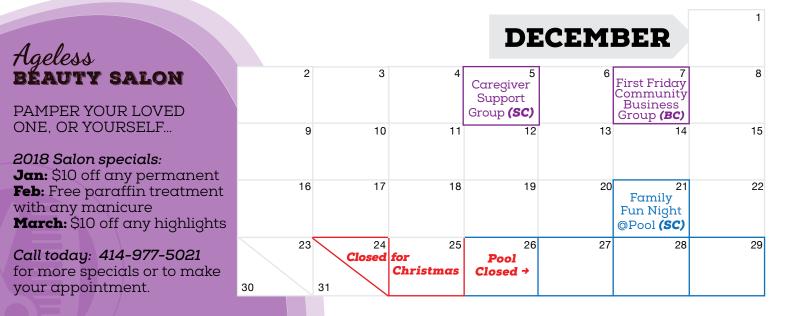


Our twice annual "Warm Your Heart" sale!

Shop the entire vintage jewelry collection and taste chili made by local restaurants and home chefs.

Sat., March 10, 9a.m. – 1p.m. Sat., Nov. 17, 9a.m. – 1p.m.

stanncenter.org/chilijewelrysale



All Ages in Harmony

Walk past the Bucyrus Campus adult services area any Wednesday afternoon, and you'll hear a joyful noise wafting from the Simba room. "Don't just sing the song, feel it," Activity Director Brianna Nimox instructs. As she lifts her hands, voices of all ages launch into a spirited rendition of "This Little Light of Mine."



The choir formed organically, Brianna explained. "I was practicing a song with the adults in the intergenerational park and the children were playing nearby," she said. "The kids asked if they could join us." The rest is musical history.

"It's no secret music is therapeutic for children and adults," Brianna said. "I figured it could also build a bond between them."

Currently, a dozen adults and five children meet weekly to practice. Among the adult voices are two former choir directors, a pastor and several people who have been singing since childhood. "After every practice, we have a debriefing with the adults," Brianna said. "Certain songs stir up great memories."

From Africa with Love

This past autumn, two very special women contributed to St. Ann Center's global perspective—Sr. Pascaline and Sr. Victorine from Kumbo, Cameroon.



Members of the Tertiary Sisters of St. Francis, the women visited the U.S. as part of the Franciscan Common Venture–a collaboration to help women religious establish meaningful relationships with their counterparts in the developing world.

The sisters were here for four months to study and obtain certification in early childhood education. Besides doing assignments for an online training program, they observed St. Ann Center's childcare teachers and assisted in the classrooms. They returned to Cameroon in December to teach in orphanages and to share what they've learned with other sisters.

"The children in our orphanages range from newborns to 10-year-olds," said Sr. Pascaline. "I decided to join the Tertiary Sisters because of their love for the poor and underprivileged. I particularly feel moved to care for the orphans."



For both sisters, this was their first visit to the U.S. They were impressed by how "up-to-date" everything is. Sr. Edna, who helped coordinate the visit, considers it mutually beneficial. "Having the sisters here was very enriching for St. Ann Center's children," she said. They brought the world to our classrooms."





2801 E. Morgan Ave. Milwaukee, WI 53207 (414) 977-5000

2018 Calendar Inside...

Plus, stories from both campuses!



STEIN CAMPUS

2801 E. Morgan Ave. Milwaukee, WI 53207 (414) 977-5000

BUCYRUS CAMPUS

2450 W. North Ave. Milwaukee, WI 53205 (414) 210-2450

To update your mailing preferences: (414) 977-5028 or cfeldkamp@stanncenter.org

Izzy's Ready for Takeoff

When it came time to spread her wings and fly, Isabella Kitzman-Kelley took it literally.

Known by her friends as Izzy, the 24-year-old recently left St. Ann Center's adult day program to start her first job...at General Mitchell International Airport.

"I've always wanted a job, and now I got my wish," Izzy said. Challenged with a disability, she longed for the independence employment would give her.

Sandi Bonnier, lead CNA with the Stein Campus young adult unit, shares Izzy's excitement. "St. Ann Center was an important stepping stone," Sandi said. "We started giving her responsibilities, and she blossomed." Over the past three years, Izzy became one of Sandi's trusted helpers with activities and even led some herself. In turn, Sandi encouraged Izzy, and coached her on appropriate workplace behavior.

> Now Izzy is getting work experience through Project SEARCH, a transition program for young adults with disabilities offered through a collaboration of Goodwill Industries of Southeastern Wisconsin, the Division of Vocational Rehabilitation and the Wisconsin Department of Health Services. She's currently on a rotation of duties at the airport including food service, security, baggage handling, cleaning and stocking. "I was nervous at first," she said. "But I'm learning a lot. There are so many planes coming in. I see people from all over the world."

As for St. Ann Center, "I miss it so much," Izzy said. "I can't wait to visit everybody."

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