|          | Monday  |           | Tuesday                                    |      | Wednesday                                 |    | Thursday                                  |    | Friday  |
|----------|---|-----------|--|------|---|----|---|----|---|
|          |   |           |  |      | -   | Ì  | ·   | 1  |   |
|          |   |           |  |      |   | l  |   | B: | Week 2 Friday                                   |
|          |   |           |  |      |   |    |   | В. | , Kix(WG), Fruit Cocktail, MILK - 1%            |
|          |   |           |  |      |   |    |   |    | over 2 /  |
|          |   |           |  |      |   |    |   | A: | Week 2 Friday AM Snack                          |
|          |   |           |  |      |   |    |   |    | , Oranges, MILK - 1% over 2 /                   |
|          |   |           |  |      |   |    |   | L: | Week 2 Friday WGR Chicken Patty, Buns, Carrots, |
|          |   |           |  |      |   |    |   |    | Tropical Fruit, MILK - 1% over 2 /              |
|          |   |           |  |      |   |    |   | P: | Week 2 Friday                                   |
|          |   |           |  |      |   |    |   |    | WGR Vanilla Bears(WG), MILK - 1% over           |
|          |   |           |  |      |   |    |   |    | 2/  |
|          |   |           |  |      |   |    |   |    |   |
|          |   |           |  |      |   |    |   |    |   |
| 4        |   | 5         |  | 6    |   | 7  |   | 8  |   |
| B:       | Week 3 Monday                                   | R.        | Week 3 Tuesday                             | B:   | Week 3 Wednesday                          | B: | Week 3 Thursday                           | B: | Week 3 Friday                                   |
| <u> </u> | Oatmeal(WG), Bananas, MILK - 1% over            |           | , Pancakes - Whole G(WG),                  |      | Muffin - Whole Gra(WG), Pears, MILK -     |    | Cheerios(WG), Pineapple, MILK - 1%        |    | Turkey Sausage, Grits, Peaches, MILK -          |
|          | 2/  |           | Strawberries, MILK - 1% over 2 /           |      | 1% over 2 /                               |    | over 2 /                                  |    | 1% over 2 /                                     |
| A:       | Week 3 Monday AM Snack                          | A:        | Week 3 Tuesday AM Snack                    | A:   | Week 3 Wednesday AM Snack                 | A: | Week 3 Thursday AM Snack                  | A: | Week 3 Friday AM Snack                          |
|          | , Graham Crackers(WG), MILK - 1%<br>over 2 /    |           | Bananas, MILK - 1% over 2 /                |      | String Cheese,, MILK - 1% over 2 /        |    | , Mixed Fruit, MILK - 1% over 2 /         |    | Muffin,, MILK - 1% over 2 /                     |
| L:       | Week 3 Monday                                   | 1.1       | Week 3 Tuesday                             | L:   | Week 3 Wednesday                          | L: | Week 3 Thursday                           | 1. | Week 3 Friday                                   |
| L.       | Chicken Breasts, Buns/Rolls -                   |           | Ground Beef, Bread Sticks(WG),             | L.   | Chicken Stir Fry, Buns(WG), La Choy       |    | Roast Beef, Buns/Rolls - Whole(WG), 4     |    | Cheese, Buns/Rolls - Whole(WG),                 |
|          | Whole(WG), Maui Vegetables, Fruit               |           | Zucchini Squash, Fruit Cocktail, MILK -    |      | Vegetables, Apricots, MILK - 1% over 2 /  |    | Way Blend Vegeta, Peaches, MILK - 1%      |    | Tomato Soup, Applesauce, MILK - 1%              |
|          | Salad, MILK - 1% over 2 /<br>Lettuce and Tomato |           | 1% over 2 /                                |      | Brown Rice                                |    | over 2 /                                  |    | over 2 /  |
| D.       | Veek 3 Monday                                   | D.        | WW Penne Pasta Week 3 Tuesday              | P: - | Week 3 Wednesday                          | P: | Red potatos Week 3 Thursday               | D: | Asparagus Tips Week 3 Friday                    |
| P:       | Animal Crackers, MILK - 1% over 2 /             | P:        | Muffin, Fruit Cocktail, MILK - 1% over 2 / | Ρ.   | Bug Bite Crackers(WG), MILK - 1% over     | P. | Applesauce, MILK - 1% over 2 /            | Г. | Whole Grain Cracke(WG), Grape Juice,            |
|          |   |           |  |      | 2/  |    |   |    | , , ,   |
|          |   |           |  |      |   |    |   |    |   |
|          |   |           |  |      |   |    |   |    |   |
| 11       |   | 12        |  | 13   |   | 14 |   | 15 |   |
| B:       | Week 4 Monday                                   | B:        | Week 4 Tuesday                             | B:   | Week 4 Wednesday                          | B: | Week 4 Thursday                           | R· | Week 4 Firday                                   |
| В.       | Kix(WG), Bananas, MILK - 1% over 2 /            | ъ.        | English Muffin - W(WG), Applesauce,        | В.   | Oatmeal(WG), Blueberries, MILK - 1%       |    | Turkey Sausage, Toast(WG), Pineapple,     |    | Cheerios(WG), Tropical Fruit, MILK - 1%         |
|          |   |           | MILK - 1% over 2 /                         |      | over 2 /                                  |    | MILK - 1% over 2 /                        |    | over 2 /  |
| A:       | Week 4 Monday AM Snack                          | A:        | Week 4 Tuesday AM Snack                    | A:   | Week 4 Wednesday AM Snack                 | A: | Week 4 Thursday AM Snack                  | A: | Week 4 Friday AM Snack                          |
|          | Bug Bite Crackers(WG), MILK - 1% over 2 /       |           | Bananas, MILK - 1% over 2 /                |      | WGR Vanilla Bears(WG), MILK - 1% over 2 / |    | Cinnamon Goldfish(WG), MILK - 1% over 2 / |    | Crackers - Whole G(WG), MILK - 1%<br>over 2 /   |
| 1.       | Week 4 Monday                                   | 1.1       | Week 4 Tuesday                             | L:   | Week 4 Wednesday                          | L: | Week 4 Thursday                           | L: | Week 4 Friday                                   |
| L:       | BBQ Meatballs, Buns/Rolls -                     | <u>L.</u> | WGR Corn Dog, Corn Dog Wrap(WG),           | L.   | Salisbury Steak, Buns/Rolls -             |    | Roast Beef, Buns/Rolls - Whole(WG),       |    | Chicken Strips/Ten, Buns/Rolls -                |
|          | Whole(WG), Green Beans, Watermelon,             |           | Baked Beans, Fruit Cocktail, MILK - 1%     |      | Whole(WG), Winter Blend Veget, Pears,     |    | Tater Tots, Peaches, MILK - 1% over 2 /   |    | Whole(WG), Italian Blend Vege,                  |
|          | MILK - 1% over 2 /                              |           | over 2 /                                   |      | MILK - 1% over 2 /                        |    |   |    | Pineapple, MILK - 1% over 2 /                   |
| P:       | Week 4 Monday                                   | P:        | Week 4 Tuesday                             | P:   | Week 4 Wednesday                          | P: | Week 4 Thursday                           | P: | Week 4 Friday                                   |
|          | Dannon Lit & Fit Y, Blueberries                 |           | String Cheese, Graham Crackers(WG)         |      | Rice Cake, Grape Juice                    |    | Honeydew Melon, MILK - 1% over 2 /        |    | Muffin - Whole Gra(WG), Apple Juice             |
|          |   |           |  |      |   |    |   |    |   |
|          |   |           |  |      |   |    |   |    |   |

|    | Monday   |    | Tuesday  |    | Wednesday   |    | Thursday   |    | Friday   |
|----|--|----|--|----|---|----|--|----|--|
| 18 |  | 19 |  | 20 |   | 21 |  | 22 |  |
| B: | Week 5 Monday Waffles, Strawberries, MILK - 1% over 2 /  | B: | Week 5 Tuesday<br>Cheerios(WG), Pineapple, MILK - 1%<br>over 2 /   | B: | Week 5 Wednesday Oatmeal(WG), Peaches, MILK - 1% over 2 /   | B: | Week 5 Thursday<br>Bagel - Whole Grai(WG), Mandarin<br>Oranges, MILK - 1% over 2 /                           |    |  |
| A: | Week 5 Monday AM Snack<br>, Graham Crackers(WG),, MILK - 1%<br>over 2 /                                      | A: | Week 5 Tuesday AM Snack<br>Oranges, MILK - 1% over 2 /   | A: | Week 5 Wednesday AM Snack<br>Fruit Cocktail, MILK - 1% over 2 /                                       | A: | Week 5 Thursday AM Snack<br>Apples, MILK - 1% over 2 /   |    |  |
| L: | Week 5 Monday<br>WGR Chicken Quesad, Breading(WG),<br>Refried Beans, Mandarin Oranges, MILK<br>- 1% over 2 / | L: | Week 5 Tuesday<br>Sliced Turkey, WGR Sub Roll(WG),<br>Lettuce And Tomato, Bananas, MILK - 1%<br>over 2 / | L: | Week 5 Wednesday Beef Meatballs, Bread Sticks(WG), 4 Way Blend Vegeta, Applesauce, MILK - 1% over 2 / | L: | Week 5 Thursday Chicken Breasts, Buns/Rolls - Whole(WG), Winter Blend Veget, Mixed Fruit, MILK - 1% over 2 / |    |  |
| P: | Week 5 Monday<br>Cheddar Cheese, Grapes, MILK - 1%<br>over 2 /   | P: | Week 5 Tuesday<br>Animal Crackers(WG), Grape Juice   | P: | <b>Week 5 Wednesday</b><br>Cantaloupe, MILK - 1% over 2 /   | P: | Week 5 Thursday<br>Goldfish Crackers(WG), Apple Juice  |    |  |
| 25 |  | 26 |  | 27 |   | 28 | 3  | 29 |  |
|    |  |    |  | B: | Week 1 Wednesday<br>Omelet, Toast(WG), Mandarin Oranges,<br>MILK - 1% over 2 /                        | B: | Week 1 Thursday Pancakes - Whole G(WG), Strawberries, MILK - 1% over 2 /                                     | B: | <b>Week 1 Friday</b><br>Scrambled Eggs, Grits(WG), Pineapple,<br>MILK - 1% over 2 /            |
|    |  |    |  | A: | Week 1 Wednesday AM Snack<br>Melon, MILK - 1% over 2 /  | A: | Week 1 Thursday AM Snack<br>Bananas, MILK - 1% over 2 /  | A: | Week 1 Friday AM Snack<br>, Graham Crackers(WG), MILK - 1%<br>over 2 /                         |
|    |  |    |  | L: | Week 1 Wednesday Beef Sloppy Joes, Buns(WG), Baked Beans, Pears, MILK - 1% over 2 /                   | L: | Week 1 Thrusday Philly Cheese Stea, WGR Sub Roll(WG), Bermuda Blend, Apricots, MILK - 1% over 2 /            | L: | <b>Week 1 Friday</b><br>Chicken Parmesan, Breading(WG), Peas,<br>Pineapple, MILK - 1% over 2 / |
|    |  |    |  | P: | Creamy Cole Slaw  Week 1 Wednesday  Bug Bite Crackers(WG),, MILK - 1%  over 2 /                       | P: | Week 1 Thursday<br>Animal Crackers(WG), Apple Juice  | P: | WW Pasta  Week 1 Friday  Muffin(WG), MILK - 1% over 2 /  |
|    |  |    |  |    |   |    |  |    |  |